

February 2019
K-8 Cold Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				1
Menus Subject to Change				4 oz 100% Juice (15) ½ c Banana (15) 1 oz Apple Zing [1OEG] (19) Milk (12)
4	5	6	7	8
4 oz 100% Juice (15) ½ c Fresh Apple (15) Strawberry Yogurt [1OEG] (14) Granola [1OEG] (20) Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup (15) 2 oz Triple Berry Bar [2OEG] (42) Milk (12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Cinnamon Toast Crunch Cereal[1OEG] (22) Milk (12)	4 oz 100% Juice (15) ¼ c Craisin (28) Breakfast Round [2OEG] (43) Milk (12)	4 oz 100% Juice (15) ½ c Banana (15) 1 oz Trix Cereal [1OEG] (24) Milk (12)
11	12	13	14	15
4 oz 100% Juice (15) ½ c Fresh Apple (15) Blueberry Muffin [1OEG] (26) Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup (15) Mini Strawberry Bagel [2OEG] (41) Milk (12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Golden Graham Cereal [1OEG] (24) Milk (12)	4 oz 100% Juice (15) ¼ c Crasins (28) 2 oz Lemon Chip Bar [2OEG] (42) Milk (12)	4 oz 100% Juice (15) ½ c Banana (15) 1 oz Fruity Cheerio [1OEG] (25) 1 oz Graham Cracker [1OEG] (11) Milk (12)
18 Presidents' Day	19	20	21	22
No Service	4 oz 100% Juice (15) ½ c Berry Cup (15) 2 oz Crunch Mania [2OEG] (37) Milk (12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Cinnamon Chex [1OEG] (22) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1 oz Apple Bar [1OEG] (24) Milk (12)	4 oz 100% Juice (15) ½ c Banana (15) 1 oz Cocoa Puffs [1OEG] (25) 1 oz Goldfish Graham [1 OEG] (14) Milk (12)
25	26	27	28	
4 oz 100% Juice (15) ½ c Fresh Apple (15) 2 oz Cherry Granola Bar [2OEG] (43) Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup (15) 2 oz Triple Berry Bar [2OEG] (42) Milk (12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Cinnamon Toast Crunch Cereal[1OEG] (22) Milk (12)	4 oz 100% Juice (15) ¼ c Crasins (28) 1 oz String Cheese [1MMA] (14) 1 oz Goldfish Graham [1 OEG] (14) Milk (12)	***Menus Subject to Change***



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